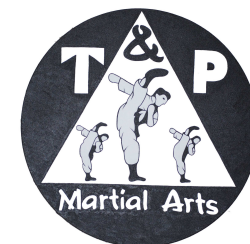


T & P Martial Arts

CLASS SCHEDULE

(781) 641-0262



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:30 – 4:00 Little Dragons 3 Year Olds	3:30 – 4:15 Beginner	3:30 – 4:00 Little Dragons 3 Year Olds	3:00 – 3:45 Intermediate	No	9:00 – 9:30 Little Dragons 3 Year Olds
4:00 – 4:45 Beginner	4:30 – 5:15 Intermediate	4:00 – 4:45 Beginner	4:00 – 4:45 Advanced	Karate Classes	9:30 – 10:15 Intermediate
5:00 – 5:45 Intermediate	5:30 – 6:15 Advanced	5:00 – 5:45 Intermediate	5:00 – 5:45 Advanced	On Fridays	10:30 – 11:15 Beginner
6:00 - 6:45 Advanced	6:15 – 7:15 Jiu Jitsu (w/ Gi)	6:00 - 6:45 Advanced	6:00 – 7:00 Open Class		11:30 – 12:15 Advanced
7:00 – 8:00 Black Belt Adult		7:00 – 8:00 Black Belt Adult			12:30 – 1:30 Black Belt Adult